

Nemerofsky Plastic Surgery

PATIENT CONSENT FORM FOR CUTERA PEARL LASER TREATMENT OF THE SKIN

I hereby authorize Dr. Nemerofsky or any delegated associates, to perform the Pearl Laser treatment. The laser beam is absorbed by the water in your skin which then heats up. As a result, this will remove the very top layer of skin. The remaining outermost layer of your skin (epidermis), will slough (peel) off over a period of a few days improving the skin tone, texture and brown spots. It may take multiple treatments to obtain optimal results, and it is possible that the results will be minimal or not help at all. The results may be temporary or permanent and there is no way to predict how long the results will last. Although these devices are effective in most cases, no guarantees can be made.

I am aware of the following possible experiences/risks:

- **DISCOMFORT** – Some discomfort may be experienced during treatment. A topical anesthetic will be applied to your skin before treatment. Your skin may feel like a sunburn for a few hours after the treatment.
- **REDNESS/SWELLING** – Redness (erythema) and/or swelling (edema) of the treated area is common and may occur. This usually resolves in a few days but can last up to one week.
- **PIGMENT CHANGES (Skin Color)** – During the healing process, there is a possibility that the treated area can become either lighter (hypopigmentation) or darker (hyperpigmentation) in color compared to the surrounding skin. This is usually temporary, but, on a rare occasion, it may be permanent. You should avoid sun exposure after the treatment and use sunblock.
- **WOUNDS** – Treatment can result in burning, blistering, or bleeding of the treated areas. It is important that you not pick or scratch the sites as this may lead to permanent scars or promote an infection. If any of these occur, please call our office.
- **INFECTION** – Infection is a possibility whenever the skin surface is disrupted, though proper wound care and keeping the treated area clean should prevent this. Herpes simplex (cold sores) is seen in a small percentage of patients, even if prophylaxis (anti-viral medication) is used. This may lead to scarring. If signs of infection develop, such as pain, heat or an increase in redness, please call our office 973-784-1024.
- **SCARRING** – Scarring is a rare occurrence, but it is a possibility if the skin surface is disrupted. To minimize the risk of scarring, it is **IMPORTANT** that you follow all post-treatment instructions carefully.
- **EYE EXPOSURE** – Protective eyewear (shields) will be provided. It is important to keep these shields on at all times during the treatment in order to protect your eyes from injury.
- **ALLERGY** - There is a risk of an allergic reaction to the numbing cream and/or any other product that comes in contact with your skin.

The following points have been discussed with me:

- Potential benefits of the proposed procedure
- Possible alternative procedures, such as chemical peels
- Probability of success
- Reasonably anticipated consequences if the procedure is not performed
- Most likely possible complications/risks involved with the proposed procedure and subsequent healing period
- Post-treatment instructions

For women of childbearing age: By signing below I indicate that I am not pregnant. Furthermore, I agree to keep Dr. Nemerofsky and staff informed should I become pregnant during the course of treatment.

Photographic documentation will be taken. I hereby do do not authorize the use of my photographs for teaching purposes.

ACKNOWLEDGMENT

BY MY SIGNATURE BELOW, I CERTIFY THAT I HAVE READ AND FULLY UNDERSTAND THE CONTENTS OF THIS PERMISSION FORM FOR THE PEARL LASER TREATMENT TO IMPROVE THE APPEARANCE OF MY SKIN, AND THAT THE DISCLOSURES REFERRED TO HEREIN WERE MADE TO ME.

Signature-Patient

Print Name

Date

Signature-Witness

Print Name

Date

Rev. May 30, 2007