



# Ultherapy<sup>™</sup> Pre-Treatment Instructions

***Always follow the medical advice of your physician regarding the care of your skin.***

1. Avoid a “fresh” sunburn, which reddens the skin and makes it tender.
2. For three days prior to the procedure, do not use topical products containing isotretinoin (e.g. Retin-A<sup>®</sup>), glycolic acid, or salicylic acid, as these can irritate the skin.
3. Gently wash treatment area with a mild cleanser. Do not apply any creams, lotions, foundation, powder or other products prior to treatment.
4. Over-the-counter, analgesic medication such as acetaminophen (Tylenol<sup>®</sup>) may be taken prior to arrival.
5. To enhance your comfort we typically prescribe Valium and Percocet to be taken approximately 1 hour prior to your treatment. If you take these medications you will need to arrange for transportation as these medications may affect your ability to drive.